



# AREZU TAVAKOLI

Soprano  
Brunette  
Brown Eyes  
5'6" / 169cm

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[Backstage](#) | [ActorsAccess](#)

## THEATRE

Sanctuary City	<i>G</i>	Interlochen Shakespeare Fest <i>(2022 Wilde Award: Best Lead Actress in a Play)</i>
Stupid Fucking Bird	<i>Nina</i>	Stella Adler Studio of Acting - Atticus Orsborn
Really Really	<i>Leigh</i>	Stella Adler Studio of Acting - Celeste Moratti
In the Heights	<i>Vanessa</i>	Interlochen Arts Academy
Twelfth Night	<i>Antonio/Captain</i>	Independent Staged Reading
Fucking A	<i>Free Prisoner &amp; Swing</i>	Fordham University - Dawn Saito & Paul Pinto
The Lark	<i>The Inquisitor</i>	Interlochen Arts Academy
A Chorus (On)Line	<i>Sheila Bryant</i>	Interlochen Arts Academy
Ben Stevenson's 'Coppelia'	<i>Various</i>	The Link School of the Arts - Lauren Anderson

## TV/FILM

Penitent	<i>Lead</i>	New York University
Christine	<i>Lead</i>	New York University
Babaoutai	<i>Lead</i>	New York University
Hollow Bones, Milk Teeth	<i>Lead</i>	New York University
My Mind's Mirage	<i>Lead</i>	New York University

## TRAINING

Stella Adler Studio of Acting	<i>Acting</i>	2022 - Present
CUNYBA	<i>Culinary Arts/Nutrition</i>	2023 - Present
Interlochen Arts Academy	<i>Theatre</i>	2019 - 2021

## SPECIAL SKILLS

- Back Fish Roll
- Seiza Endurance
- CPR/AED Certified
- Group Fitness Instructor
- Private Chef
- Longboarding
- Rock Climbing
- Practiced w/ Dialects
- Licensed Driver & Passport
- Fencing & Fight Choreo (Stage & Film)
- 10+ yrs Dance (ballet, modern, jazz, salsa, tango etc.)
- Can do American and French Accent in Spanish

## LANGUAGES

Native: English & Spanish // Learning: Mandarin & Farsi